

Palpitations

RFQs

- When do these episodes occur?
- Does it ever happen during exercise.
- Do you ever faint or feel faint with this?

Provide

Your palpitations don't sound at all worrying, especially since there are no inherited heart conditions in your family. Perhaps we should do a heart tracing (an ECG), a blood count, a kidney test and a thyroid test to make sure there is nothing important causing the palpitations.

Safety nets:

I do need to know if you are getting palpitations during exercise, or if the palpitations make you feel faint or faint.

Provide

We did a heart tracing (an ECG), because you were fainting. The ECG shows that you might have a condition called long QT syndrome. It's good news that we have picked it up, because untreated it can be dangerous. I'd like you to see a heart doctor and there is a long list of medicines that you will need to avoid. Shall I give you that list now?